

Through funding support from the Province of PEI,
your Association offers counselling support to
members, employees, and their immediate families

YOUR MENTAL HEALTH MATTERS

FREE CONFIDENTIAL SUPPORT IS AVAILABLE 24/7

Our professional counsellors have a wide range of
experience in a variety of problem areas including:

- Anger / Stress Management
- Depression and Anxiety
- Marital and Family Concerns
- Child and Teen Counselling
- Alcohol and Drug Misuse
- Financial and Legal Issues
- Career Counselling
- Grief and Trauma Support

Call our team anytime for free counselling:

Frank Bulger (902) 626-9787

Wendy Holm (902) 786-4656

Jan Henry (782) 377-4506

Toll Free 1-800-736-8006

